
Friday, October 4, 2019



Engaging Residents, Families and Staff

Tudor House provides long term care services to Indigenous Peoples and in the spirit of Reconciliation, we acknowledge that Manitoba is the traditional land of the Cree, Ojibway, Oji-Cree, Dakota and Dene people, and the homeland of the Métis Nation and we are on Treaty 1 Territory.

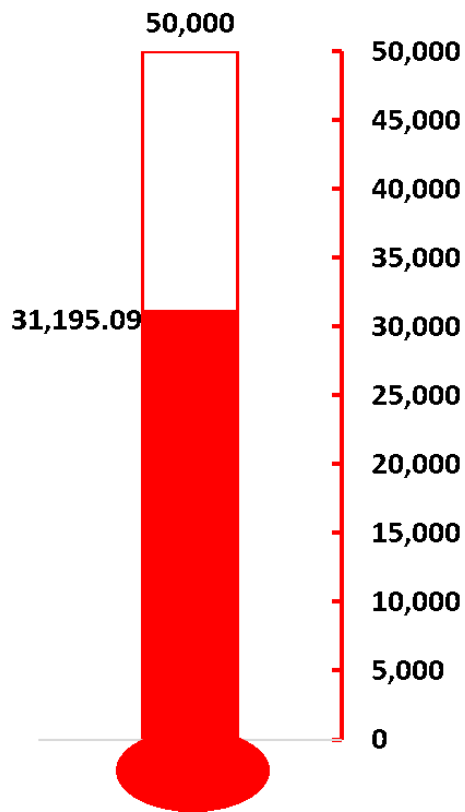
Thank You!

A row of seven solid-colored circles in the following order from left to right: red, orange, yellow, green, blue, purple, and dark purple.

A special Thank You goes to everyone, vendors, community businesses, staff, residents and family members for their personal generosity in making donations for our 48th Annual Fall Tea, thank you very much.

It was a very good year for attendance and donations. We raised this year a net grand total of \$4,272.38 after expenses deducted. This was a great fundraising effort! With the donations from the Tea this year we add it to our existing fund raising efforts for a total of \$31,195.09 in our Donation Fund. We are well on our way to our goal for the proposed "Alzheimer's

Garden” in the South Courtyard for our residents.



Help us build
an **“Alzheimer Garden”**
for our Residents!



All donations made go directly benefiting our Residents by help for Special Projects and to purchase additional equipment that improve their quality of life as well as promoting positive workplace wellness and safety for everyone!

HIGHLIGHTS



Continuous Quality Indicator (CQI) **2019-2020 Quarterly Report**

CQI 1st Quarter Report is posted on Resident
& Family and Staff Boards.

[Click here to read the Occurrence Summary
Report](#)

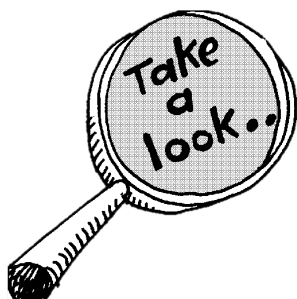
If you have questions or comments regarding this
report, [click here](#)

% of Residents with Daily Restraints



% Restraints	0	0	0
# Restraints (Non-Positioning)	0	0	0
# Restraints (WC) (for Positioning)	13	17	19
# of All Restraints	13	17	19

Tilt-Recline Wheelchairs for positioning are not included in the above restraint CQI rating.



Benchmark Comparisons

Tudor House average 0 %

IERHA PCH average n/a

WRHA PCH average 10.1 %

[\(WRHA MDS Quarterly Quality Report 2018 Q2\)](#)

Canada PCH average 5.4 %

(Nationally Adjusted Rate 2018)

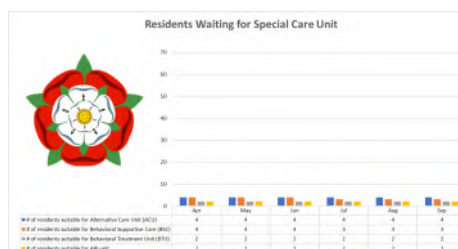
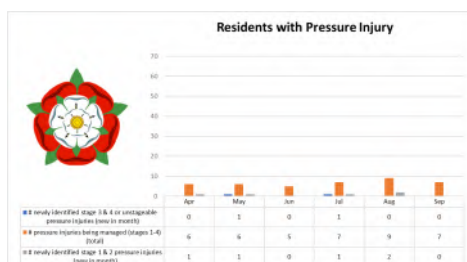
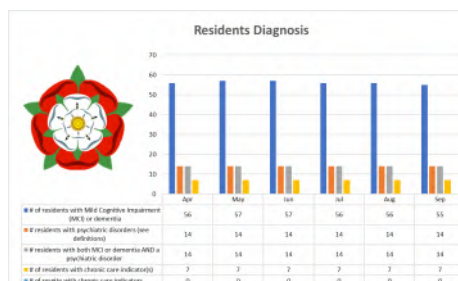
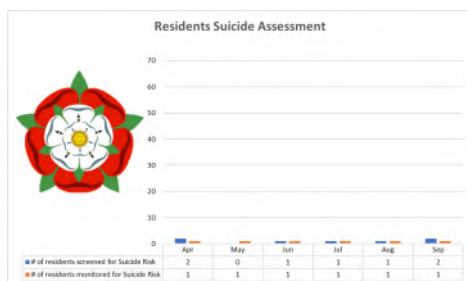
PCH Program Quality Indicators

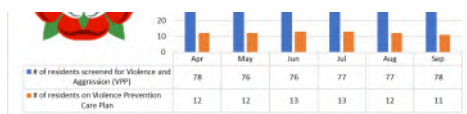
Tudor House tracks and submits monthly indicator data to the IERHA PCH Quality Improvement Team.

For more information, click on the link below to view Tudor House 2nd Quarter Quality Indicator data. The 2nd Quarter report is also posted in Resident & Family Communication Board.

*Please note the explanation/ legend is located on the bottom tabs of the spreadsheet.

PCH Quality Indicators Legend





Required Organizational Practice (ROP)

Infection Prevention and Control Standards for Community-Based Organizations (8.4.3)

Tudor House continues to work diligently to increase hand hygiene compliance with the goal to align with the National standard of 85% compliance.

[Tudor House Hand Hygiene Compliance Report](#)



Tudor House continues to collaborate with the IERHA Infection Prevention & Control (IPC) Team:

- IERHA Point of Care hand hygiene assessment dispenser placement was completed by IERHA IPC team members, the results:
 - 47 additional dispensers were installed
 - Replaced all current dispensers
 - New alcohol-based hand rub (ABHR) product "Microsan" was purchased. This product contains an emollient that builds up to protect your hands from frequent hand washing.

Additionally

- 5 Nurses will attend an updated hand hygiene audit training refresher session October 8, 2019.
- 5 Education sessions on hand hygiene have been coordinated with the IERHA IPC Team for Nov 6th targeting all staff.
- Pamela Carlyle Staff Education Coordinator is a committee member of the IERHA hand hygiene working group

[Multifaceted Hand Hygiene Algorithm](#)

Together We Can

Beat the Flu

6 Tips to Stay Healthy this Flu Season

Avoid touching eyes, nose mouth



Cover your sneeze/cough



Wash your hands



Stay home if you're sick



Get the Flu Vaccine

The flu vaccine is the first step in protecting yourself



Avoid contact with sick people



Just the Facts

ITS FLU SEASON! KNOW YOUR FACTS!



Myth: I don't need to get vaccinated until someone I know is sick.

Getting the vaccine early in the season is actually better. It can take up to two weeks for the protection in the vaccine to be effective. The earlier you get the vaccine, the better protected you are.

Myth: I never get sick, so I don't need to get vaccinated.

You can be infected with the flu and spread it, even if you're not showing symptoms. Getting the vaccine means you can also help protect others from getting sick.



Myth: I don't have the time to get vaccinated.

Getting vaccinated takes about 30 minutes. If you get sick, the flu can last for several days. It can even lead to more serious problems like pneumonia and bacterial infections, sometimes resulting in hospitalization. No one has time for that.

Myth: It's complicated to get the vaccine because there isn't a flu clinic near my home or work.

Clinics are just one great option where people can get vaccinated. You can also go to your doctor/nurse practitioner or even to the local pharmacy.



Myth: I think flu vaccines have the potential to create vaccine-resistant strains, like what can happen with the overuse of antibiotics.

The influenza virus already mutates frequently. That's why there is a new flu vaccine every year. The formulation changes to match the strains that are expected to be circulating.



Myth: I want to be exposed to the flu to keep my natural defenses strong.

Influenza can spread very quickly and easily. And, some people may have the virus and be contagious, but never show symptoms. So while you are 'building' your own immune system, you could be exposing someone with a weaker immune system to the virus, leading to serious consequences for them. That's why the vaccine protects both you and others.

Myth: Last time I got the flu vaccine, it made me sick.

Some people may get flu-like symptoms for a few days after the vaccine, but that's just your body building up the antibodies, not actually the flu. If you did get sick after getting the vaccine, it's most likely you were incubating the illness before the vaccine could take effect. Or, it was a different kind of respiratory illness, and not influenza.



Myth: There isn't much evidence that pregnant women should be vaccinated.

Data shows that pregnant women are at a higher risk of complications or hospitalization related to influenza. There is also evidence that the vaccination of pregnant women protects their newborns from influenza and influenza-related hospitalization.

Click here to read [Manitoba Health Flu Myths and Facts](#)
or watch a video [here](#)

STAFF EDUCATION

EDUCATION TOPIC OF THE MONTH



Clinical Staff Fall Education Package 2019

This package is a **mandatory** annual education requirement that gives you the opportunity to review policies and practices that includes:

- Resident Bill of Rights
- Abuse Policy
- Persons for Protection in Care
- Restraint Protocol
- Wound Care
- Medication Reconciliation on Admission
- Review of CRNM & CLPNM Professional Code Of Conduct

You will be expected to complete a quiz to test your competency and fill out an evaluation form.

[Click Here to download Education Calendar](#)



EXTERNAL TRAINING OPPORTUNITIES

Tudor House Staff will be attending :

[The Therapeutic Use of Medical Cannabis & Opioids as Medication](#) - October 22, 2019

[MSIP Facilitator Renewal Training](#) - October 24, 2019

[Respectful Workplace](#) - October 28, 2019

[Respectful Communication](#) - October 28, 2019

[Infection Prevention & Control Education Day](#) - October 30th. 2019

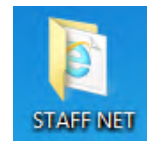
[Palliative Care for Support Staff](#) - November 12, 2019

[Shock & Sepsis](#) - November 28th



Did you know you will soon have your own user account on Staff Net and access to the Learning Management System (LMS). This access will give Tudor House staff the opportunity of online learning to enhance your competencies in long term care and mandatory training topics you can complete from the comfort of your home.

Until this initiative is configured you can still have limited access on the Education Kiosk Computer Station in the Boardroom, click the STAFF NET folder then click **IERHA Personnel Care Home Education and Training Icon** and log on with the generic user account.



PHI VIDEO ACCESS

- Located in the Boardroom on *Education Kiosk Computer Station Desktop*
- Click the STAFF NET folder
- Click **IERHA Personnel Care Home Education and Training Icon** and log in.
- Takes you to *IERHA Personal Care Home Education* home page
- On left hand side scroll down to
 - *PHI Disclosure Due to Risk of Serious Harm*
 - Click on link
 - Click on bold **Staff Training**
 - Click on play view 30 mins video



Who is Teepa Snow?

Teepa believes that “Rewiring our own perceptions, attitudes, communication strategies, actions, and responses, provides the shift that promotes change for the others around us.”

promotes change for the others around us.

Read Teepas Snow full story [HERE](#)

Until There's a Cure for Dementia... *There's a Positive Approach to Care!*

Over the next few editions Tudor House will be providing you with a quick link to Teepa Snow Talk Show Podcasts.

Listen and learn how Mark and Brenda, a husband and wife team, are enjoying life after his diagnosis of vascular dementia.

[Listen to Podcast Now](#)



ASSINIBOINE COMMUNITY COLLEGE

Affiliating Student Nurses

On October 21st Tudor House welcomes six first year student nurses with a Clinical Instructor from Assiniboine College LPN program. This clinical experience provides the students with the opportunity to integrate theory learned in term two into practice. The student will care for the gerontological client, accurately measuring vital signs and assisting with activities of daily living.



NEW UPCOMING POLICY

AM-10-P-300 Personal Health Information Disclosure Due to Risk of Serious Harm has been developed for Interlake-Eastern RHA, based on changes to *The Personal Health Information Act* and *The Mental Health Act*.

This policy has a mandatory education component for all staff

- All staff are required to watch a mandatory educational video, "Personal Health Information Disclosure Due to Risk of Serious Harm". This education is mandated to meet the legislated requirements to implement the amendments to the personal

implement the amendments to the personal health information and mental health acts. Access the 30-minute video to complete your training. This video will be available in boardroom on education kiosk computer on staff net link.

- Talk to your manager about the best time to fit this into your work day. This training shall be completed during regular working hours.

REVISED POLICY

AM-7-P-63 Take Our Kids to Work Day Program

Organizational Chart
Chain of Command



Continuing Competency for Nurses

Policy Review

All new and revised policies will be available in the Boardroom on the Education Kiosk Computer Desktop in folder "**Policies for Nurses Review & Sign off**"

Note: Timely compliance will be reflected on a printout report each year to retain as evidence for your Nursing License Continuing Education Competency Records

SAFETY TIP OF THE MONTH

SAFE Workers Aren't Born, They're Trained

Sending a worker to do a job without training is like sending a young child to do that same job.

WATCH VIDEO HERE



WORKPLACE
WELLNESS



Manitoba

Health Care Aide Day

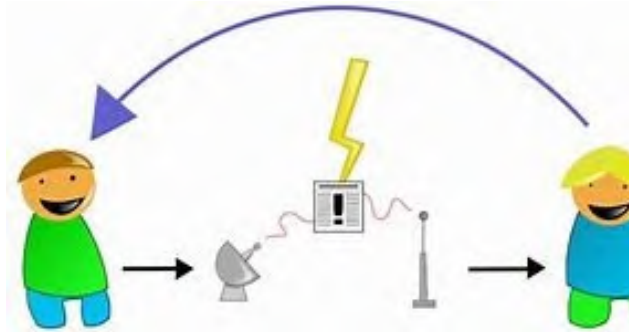
October 18, 2019

A **Health Care Aide** (HCA) provides direct care, personal assistance and support to the Tudor House residents. Each HCA is a vital part of the nursing team and provides care with quality, dignity, compassion, empathy and partnership. Health care aides require patience and understanding because their residents may have mental or emotional challenges, in addition to physical limitations.



Resident & Family Corner

ENHANCING COMMUNICATION



Tudor House has an optimistic vision to enhance communication amongst the residents, families and staff of our Facility. Together we strive to ensure everyone involved with residents have a clear understanding of how we provide Resident Centered Care in a “Home-Like” Community, provided with Quality, Dignity, Compassion, Empathy and Partnership.”

Below are a few initiatives we are working diligently at to ensure we achieve and sustain this vision:

- Monthly Family/Resident Council meeting has recurring agenda items that discusses:
 - A Continuous Quality Improvement item
 - Monthly Quality Indicator data
 - Accreditation & Mb Health Standard items
 - New or revised policies
 - Safety Tips
- Updated Family Communication Board with a focus on quality initiatives & results
- Monthly e newsletter
- Occurrence Summary Recommendations and follow up
- Increased visual reminders to communicate the value of sustaining a culture of safety throughout Tudor House.



Residents and Family Satisfactory Survey Results.

Click the link below:

[Tudor House Resident Survey Result](#)

[Tudor House Family Survey Result](#)

Click the here below to view:

[Tudor House Organizational Chart](#)

[Term of Reference - Resident & Family Advisory Council Meeting](#)

[Resident and Family Advisory Meeting Minutes - September](#)

MEET OUR NURSE MANAGERS

Role:

The Nurse Manager is responsible for the clinical and management functioning of the Department of Nursing and other clinical services of the facility on a 24/7 and “on call” basis and also the entire facility as Acting Administrator when designated “Person in Charge”. This position is the management representative after hours in the facility on evenings, nights and weekends, and therefore is responsible for the general overall staffing and operation of all departments during these hours as required. Primary responsibilities relate to resident care, human resources management, fiscal management, policy development and professional standards, quality management, maintaining Provincial PCH and National Accreditation Standards, equipment/supply management, professional development, committee participation and communication. At all times you work

in collaboration & support with the other Nurse Manager to ensure consistency and 24/7 Nursing Clinical Management coverage of the facility. The position of Nurse Manager functions in a manner consistent with, and supports the Mission, Vision and Values of Tudor House Personal Care Home.



Corinne Anderson
Poplar/Oak Nurse Manager

Mini Bio:

Lives in Gimli, Manitoba. I am the mother of two grown sons, one still living at home and one living in Churchill, Manitoba. I also live with one dog, two cats, one lizard and one tarantula. Since graduating I have worked at Health Sciences Center, Victoria Hospital, Roseau Hospital & Home, in Minnesota. I joined Tudor House in 2000 as a nurse manager .

Majel Dignadice
Maple Hall Nurse Manager

Mini Bio:

Originally from the Philippines, Majel graduated with her Bachelors of Science in Nursing from Mary Chiles College of Nursing and later held several diverse nursing positions, ranging from a community health center, two pediatric clinics, and a nurse aboard Star Cruises Ltd. She moved to Canada in 2002 and started working at Tudor House on the same year. She resides in Selkirk with her husband and two daughters and another grown daughter in Winnipeg.



RESIDENT STORY OF THE MONTH



Phylis Isabel

Phylis was born in 1934. She was raised in the Oak Hammock area. When she finished school she went to work at Lower Fort Garry and at



Eatons mail order in Winnipeg.

[Read full story here](#)

Do you want to share your family member's story in the Resident Story of the Month? [Click here](#) to send your story.



UPCOMING EVENTS



Lunch Outing

Thursday, October 10, 2019
11:00 AM - 3:00PM
Roxie's Untown Cafe - Selkirk

Federal Election -

TH Residents Voting Poll
Monday, October 21, 2019
TRA

Ashley's Adaptive Clothing Show

Thursday, October 17, 2019

10:00 AM - 3:00PM

Recreation Room

Memorial Service

Wednesday, October 30, 2019,

2:00PM

Recreation Room

South Beach Casino Outing

Friday, October 18, 2019

Load Time: 9:30AM

Halloween / Birthday Party

Thursday, October 31, 2019

1:30PM

Recreation Room

Click here to download October Activity Calendar

[Maple Hall Calendar](#)

[Poplar/Oak Calendar](#)

Mark Your **CALENDAR**



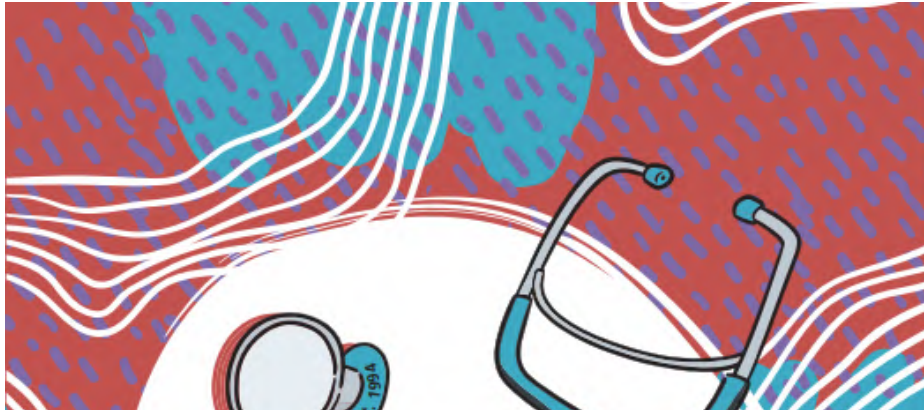
RESIDENT & FAMILY COUNCIL MEETING

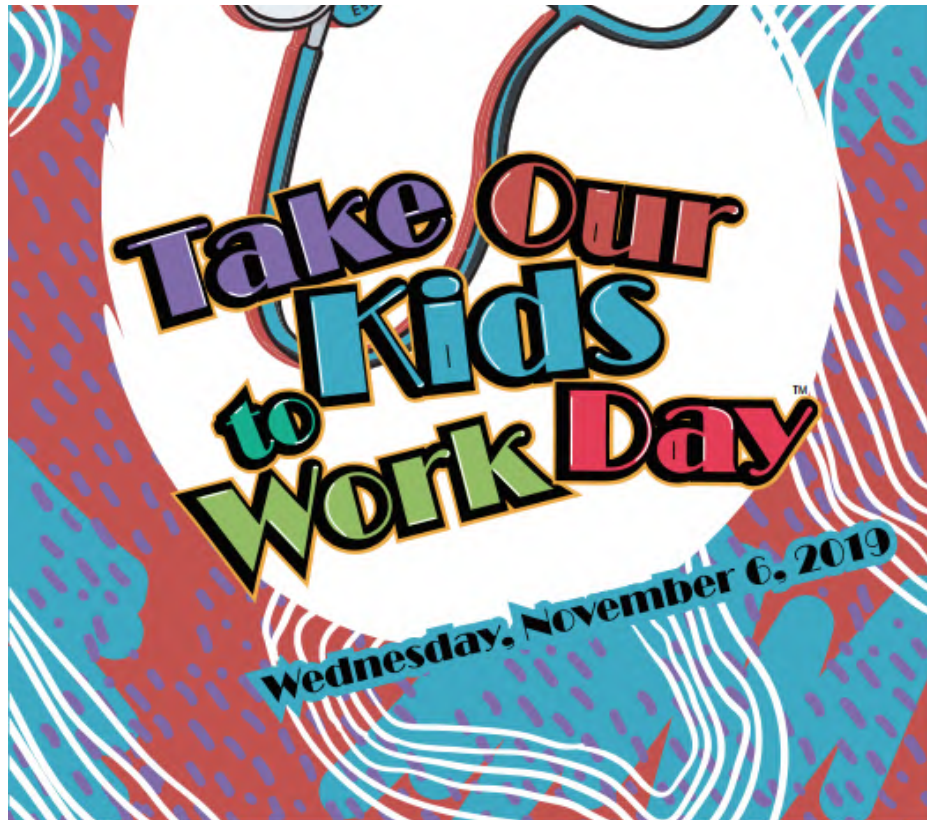
October 9, 2019 - Wednesday

6:00-7:30PM

To get better family and resident participation, we encourage Family Members to attend the Residents and Family Council evening meeting. Coffee Tea and Dainties will be served, Short Education Session and 5 min Reports from All Managers to Residents and Families. Q & A Session.

Take Our Kids to Work Day





Launched in 1994, Take Our Kids to Work Day is the most recognized career education event in Canada, with an estimated 200,000 students visiting workplaces every year.

Take Our Kids to Work Day, taking place on **Wednesday, November 6th, 2019**, is an annual event where students step into their future for a day and get a glimpse into the working world. The day involves students in Grade 9, Senior 1 (Manitoba) spending the day in the workplace of a parent, relative, friend or volunteer host, where they experience and learn about the world of work.

To register a Grade 9 student to spend a day at Tudor House, bring in the completed school application form to Pamela Carlyle, Staff Educator on or before Nov 1st, 2019.

Please read the Policy [HERE](#)

A sign with the text 'Staff BBQ' in a large, red, stylized font. The sign is set against a light blue background with a white border.

We will have our last
BBQ this year on
October 11, 2019
at 12:30 – 1:30PM in the
Dining Room.



All Staff are
welcome to
come on and
off duty.



REMEMBER YOUR
5 MOMENTS
FOR **HAND HYGIENE**

SAVE LIVES
Clean Your Hands
How to Hand wash and Hand rub
Hand Hygiene Brochure

Videos to Watch:
Hand Hygiene - It Makes a Difference

VOLUNTEERS NEEDED!



For more information about volunteering in Tudor House, email or call Denise Smith at 204-482-6601 ext 128 or at dsmith@mytudor.ca

Pillow Paws Socks Available

Socks that have grip on the bottom and fits under normal footwear. The socks prevents residents from slipping or falling.



Pillow Paws socks are available for sale from Rehab Office for 2 pairs for \$5.00.

Available colors: Red and Yellow

Size: M, L, XXL

For more information, please see or contact Allison Sanderson 204-482-6601 ext. 142 or email

asanderson@mytudor.ca

Helpful links



Long Term & Continuing Care
Association of Manitoba

L'Association de soins continus
et à long terme du Manitoba

LTCAM's Navigation System for Seniors' Care and Living Options is a valuable tool that offers suggestions and ideas on how seniors can 'live safe' and with confidence, by providing them with the tools and information to make informed



decisions.

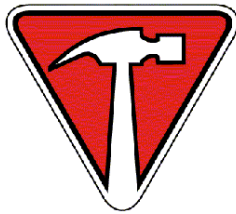
For more information, [click here for the brochure.](#)

Manitoba



Alzheimer Society
MANITOBA

Dementia Care & Brain Health



SAFE WORK



TUDOR HOUSE

PERSONAL CARE HOME

 Like us on Facebook

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Our mailing address is: