

# July Newsletter

Friday, July 5, 2019

"The Tudor Community"  
Retirement Residences

Woodland Courts  
Assisted Living Residence

**Tudor House**  
Personal Care Home

Cambridge House  
Senior Residence


## Tudor Times

**Engaging Residents, Families and Staff**

*Tudor House provides long term care services to Indigenous Peoples and in the spirit of Reconciliation, we acknowledge that Manitoba is the traditional land of the Cree, Ojibway, Oji-Cree, Dakota and Dene people, and the homeland of the Métis Nation and we are on Treaty 1 Territory.*

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HIGHLIGHTS



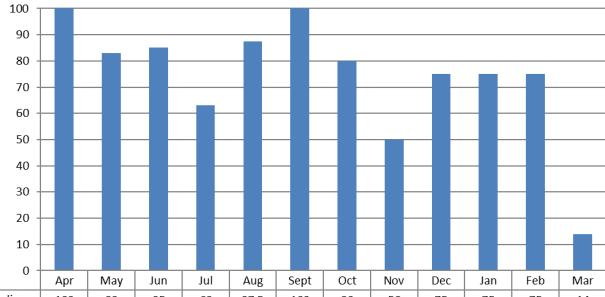
**Continuous Quality Indicator (CQI)**

**Quarterly Report**

**CQI 4th Quarter Report is posted on Resident & Family Board and Staff Board.**

If you have questions or comments regarding this report, [click here](#)

**% of Hand Hygiene Compliance  
by all Health Care Providers 2018-19**



	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
% Hand Hygiene Compliance	100	83	85	63	87.5	100	80	50	75	75	75	14

Audits sessions include opportunities for mentorship. All auditors are trained with the Regional Tool that outlines processes to increase hand hygiene compliance.

Tudor House is committed to increasing Hand Hygiene compliance that will align with National Standards. Hand Hygiene compliance has been identified as a unmet Required Organizational Practices for Infection Prevention and Control for Community Based Organizations. As an Organization we have been working together with the IERHA Hand Hygiene working group and the Regions Infection Prevention & Control Person to strategize methods to increase compliance. Some

interventions to date have included:

- Research to implement improvement strategy for hand hygiene compliance to allow identification of potential system issues related to resources of hand hygiene / product
- We increased our number of audit trainers
- Training and Education enhancements
- Improving the evaluation and feedback processes

## SAFETY TIP OF THE MONTH



**Hand Hygiene advice for Residents , Families and Visitors**

Please clean your hands when entering and exiting any of our health care facilities.

- Clean your hands before and after contact with a patient.
- Patients have the right to ask health care workers to clean their hands before caring for them.
- Patients should clean their hands many times during the day, especially after using the washroom and before eating.
- Alcohol-based hand rub can be used instead of soap and water as long as your hands are not visibly soiled.
- Cover your cough
- Do not visit a sick person if you are feeling unwell.

If masks are not available, use your sleeve or a tissue to cover your nose and mouth when coughing or sneezing.

**Help prevent the spread of infection!**

### 5 Moments of Hand Hygiene

#### 1. BEFORE TOUCHING A PATIENT

**When?** Clean your hands before touching a patient when approaching him/her.

**Why?** To protect the patient against harmful germs carried on your hands

#### 2. BEFORE CLEAN/ASEPTIC PROCEDURE

**When?** Clean your hands immediately before performing a clean/aseptic procedure.

**Why?** To protect the patient against harmful germs, including the patient's own, from entering his/her body

#### 3. AFTER BODY FLUID EXPOSURE RISK

**When?** Clean your hands immediately after an exposure to risk to body fluids (and after glove removal)

**Why?** To protect yourself and the health-care environment from harmful patient germs.

#### 4. AFTER TOUCHING A PATIENT

**When?** Clean your hands after touching a patient and her/his immediate surroundings, when leaving the patient's side.

**Why?** To protect yourself and the health-care environment from harmful patient germs.

#### 5. AFTER TOUCHING PATIENT SURROUNDINGS

**When?** Clean your hands after touching any object or furniture in the patient's immediate surroundings, when leaving - even if the patient has not been touched.

**Why?** To protect yourself and health-care environment from harmful patient germs.

**SAVE LIVES**  
**Clean Your Hands**  
[How to Hand wash and Hand rub](#)  
[Hand Hygiene Brochure](#)  
[Hand Hygiene for Health Care Workers - Germ Smart](#)

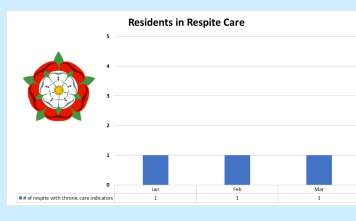
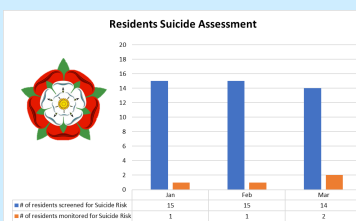
## PCH Program Quality Indicators

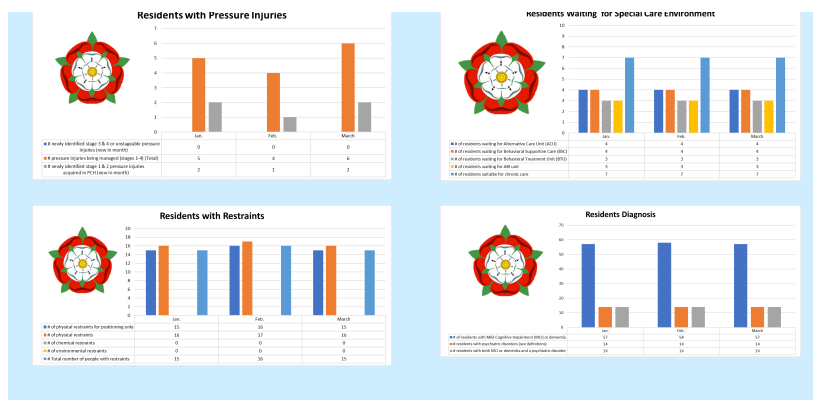
Tudor House tracks and submits quality indicator data to the IERHA PCH Quality Improvement Team on a quarterly basis.

For more information click on the link below to view the 4th Quarter Quality Indicator Report. This report is also posted in Resident & Family Communication Board.

\*Please note the explanation/ legend is located on the bottom tabs of the spreadsheet.

### PCH Quality Indicator





### Accreditation Required Organization Practice (ROP) Infection Prevention and Control Standards for Community Based Organizations

Tudor House has taken opportunity to review and update the current processes for disinfecting doctor's medical equipment (scissors, forceps etc...). To ensure we were keeping with best practices the below actions were completed:

- Researched other long term care facilities practices for disinfecting procedures for medical equipment
- Collaborated with the IERHA Infection Prevention & Control (IPC) facility resource person.
- Collaborated with Tudor House Infection Prevention and Control committee
- Collaborated with Tudor House doctors to receive input about switching to disposable medical equipment



These actions resulted in an updated best practice.

- Discarded all reusable Drs medical equipment
- Ordered disposable medical equipment
- Implemented policy IC-111-N-180 Medical Equipment Cleaning



**New Policies**



**AM-10-P-160** Pronouncement  
and Documentation of Death  
**PCH-2-P-08** Resident Death –  
Pronouncement, Reporting and After Death Care

### Continuing Competency for Nurses

#### Policy Review

All new and revised policies will be available in the Boardroom on the Education Kiosk Computer Desktop in folder "**Policies for Nurses Review & Sign off**"



**Note: Timely compliance will be reflected on a printout report each year to retain as evidence for your Nursing License Continuing Education Competency Records**

## STAFF EDUCATION

**July is catch up month.**

Please be reminded to do all your mandatory training.




**Manitoba**   **ACCREDITATION CANADA**

**Manitoba Health Standards & Accreditation Requirements**

*Have You Completed All Your Mandatory Training Requirements?*

1. Relief for a Responsive Choking Adult
2. 2018 Fall Education Package
3. WHMIS
4. MSIP
5. Infection Prevention & Control
6. Accessibility Video
7. PHIA
8. 2019 Spring Education
  - a. CODE RED

 **SAFE WORK MANITOBA**

[Click Here to download Education Calendar](#)



#### Resident and Family Satisfaction Survey 2019

As part of our commitment to quality and excellence in care, we would appreciate your completion of this survey. **Family Survey Forms** for family were sent



out thru mail or email with a return date on or before **July 19, 2019.**

**Resident Satisfaction Survey** will be completed in collaboration with Recreation Staff during allocated time slots. We value your participation and look forward to sharing the result as we continue to strive for the vision of providing services with Quality, Dignity, Compassion, Empathy and Partnership.

### RESIDENT STORY OF THE MONTH



#### Eldon Edward

Eldon was born on June 4th, 1940, in the small town of Riding Mountain, Manitoba. He was born to Elsie and Ed and had 2 sisters, Marlene and Donna and they still reside in Rivers Manitoba. Eldon lived in Riding Mountain from birth to 9 Years and then moved to Atikokan Ontario.

[Read Eldon's full story here](#)

Do you want to share your family member's story in the Resident Story of the Month? [Click here](#) to send your story.



## JULY BIRTHDAYS

Christine M.	July 10
Lucy M.	July 11
Eva Z.	July 17
Fran L	July 19
Sandra E.	July 27
Shirley L	July 27
Stephen T	July 31

### UPCOMING EVENTS

**Square Dancers**

Friday, July 12th, 2019,  
1:30PM  
Recreation Room

**Birthday Party**

Friday, July 26th, 2019,  
1:30PM  
Recreation Room

**Selkirk Rodeo Parade**

Saturday, July 13th, 2019  
9:00AM (Loading Time)

**Memorial Service**

Wednesday, July 31st, 2019,  
2:00PM  
Recreation Room

**Resident & Family Advisory Meeting**

Wednesday, July 17th, 2019,  
1:30PM  
Recreation Room

[Click here to download July Activity Calendar](#)

**Selkirk Biz Fair and Rodeo Parade**

Tudor House Bus together with some of our residents will be joining the Annual Selkirk Biz Fair and Rodeo Parade on July 13th, 2019.



We are in need of volunteers to help us decorate Tudor House bus for the parade.  
Please call Denise Smith at 204-482-6601 ext 128 or dsmith@mytudor.ca.

**ROYAL CANADIAN LEGION POPPY FUND**

Tudor House received the Poppy Fund donation of \$5,900 from the Royal Canadian Legion Branch 42 on June 19, 2019. We will use this donation to purchase **Sensory Stimulation Activity Cart** for our residents and **Verity Sleeper Chair** for family members who wish to stay with the resident for longer hours. In behalf of Tudor House residents, families and staff, Thank you for your donation.





Picture from left to right: 2nd Vice President Neil Zebinski, 1st Vice President Lance Glover, Tudor House Recreation Supervisor Denise Smith, Poppy Officer Wayne Bird, Executive Member Andy Anderson and President John Austin.

## National Indigenous People Day



Residents joined the celebration of National Indigenous People Day on June 21st, 2019 at Selkirk Park.







Photos from Jolanta's retirement, June 4th, 2019



2019 Spring and Summer Menu is here

[Week 1](#)

[Week 2](#)

[Week 3](#)



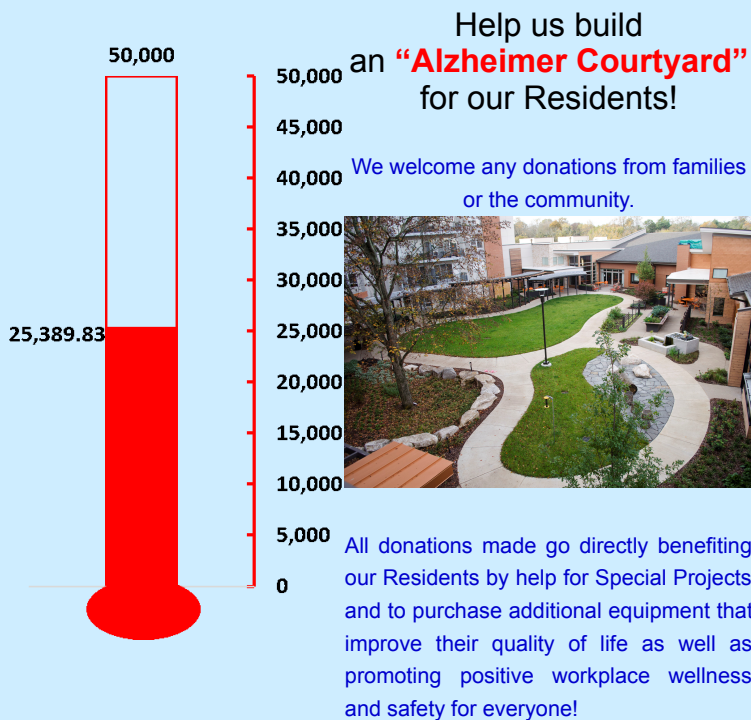



## Staff BBQ Schedule

~~Fri, Apr 26<sup>th</sup>, 2019 Majel & Cori~~  
~~Wed, May 22, 2019 Ashley & Sable~~  
~~Fri, Jun 21, 2019 Cindy & Denise~~  
**Wed, Jul 24, 2019 Tom & Victor**  
**Fri, Aug 23, 2019 Melody & Denise**  
**Wed, Sep 25, 2019 Majel & Cori**  
**Fri, Oct 11, 2019 Pamela & Myrel**

**Tudor House Courtyard**  
 (weather permitting)  
**12:30-1:30PM**  
**All staff welcome**  
**from all shifts**  
**on and off duty!**

## TUDOR HOUSE RESIDENTS DONATION FUND 2019-2020 FUNDRAISER



**Thank You for your generosity!**

# We're Hiring!

[Part Time 0.6 EFT Indefinite Term RN/RPN](#)  
[Part Time 0.5 Indefinite Term Health Care Aide Vacation Relief Position](#)  
[Part Time 0.4 Indefinite Term Health Care Aide Position](#)  
[Part Time 0.4 Indefinite Term Health Care Aide Position](#)

Download Application Form [HERE](#)

Submit your resume [HERE](#)

## VOLUNTEERS NEEDED!



For more information about volunteering in Tudor House, email or call Denise Smith at 204-482-6601 ext 128 or at [dsmith@mytudor.ca](mailto:dsmith@mytudor.ca)



### Pillow Paws Socks Available

Socks that have grip on the bottom and fits under normal footwear. The socks prevents residents from slipping or falling.

Pillow Paws socks are available for sale from Rehab Office for 2 pairs for \$5.00.

**Available colors:** Red and Yellow

**Size:** M, L, XXL

For more information, please see or contact Allison Sanderson 204-482-6601 ext. 142 or email

[asanderson@mytudor.ca](mailto:asanderson@mytudor.ca)

### Helpful links



Long Term & Continuing Care Association of Manitoba

L'Association de soins continus et à long terme du Manitoba

LTCAM's Navigation System for Seniors' Care and Living Options is a valuable tool that offers suggestions and ideas on how seniors can 'live safe' and with confidence, by providing them with the tools and information to make informed



decisions.

For more information, click here for the [brochure](#).

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**Alzheimer Society**  
MANITOBA  
*Dementia Care & Brain Health*



 Like us on Facebook

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**Our mailing address is:**  
Tudor House Personal Care Home  
800 Manitoba Ave.  
Selkirk, MB  
R1A 2C9

To unsubscribe to our mailing list [click here](#)

