

Friday, April 5, 2019



"The Tudor Community"
Retirement Residences

Woodland Courts
Assisted Living Residence

Tudor House
Personal Care Home

Cambridge House
Seniors Residence

TUDOR NEWS

Engaging Residents, Families and Staff



HELP US

Name our Newsletter

& WIN A PRIZE

Deadline to submit your suggestions will be April 30th, 2019.

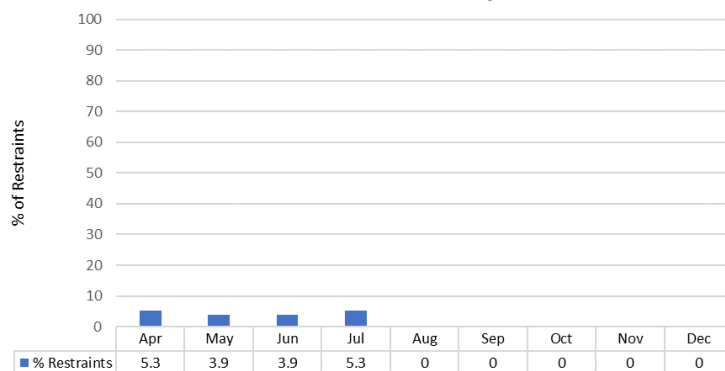
To send us your suggestions, [click here](#)

Continuous Quality Indicator (CQI) **3rd Quarter Report**

CQI 3rd Quarter Report is now posted on Resident & Family Board and Staff Board.

If you have questions or comments regarding this report, [click here](#)

CQI HIGHLIGHT

% of Residents with Daily Restraints

Tilt/recline wheelchairs are not included in the above restraint CQI rating

The Trend has improved over the past 5 months indicating a significant decrease in use of Environmental, Chemical or Mechanical restraints.

**Benchmark Comparisons**

Tudor House average **0 %**
 IERHA PCH average n/a
 WRHA PCH average 10.1 %
 ([WRHA MDS Quarterly Quality Report 2018 Q2](#))
 Canada PCH average 5.4 %
 (Nationally Adjusted Rate 2018)

**NEW POLICIES**

Medical Assistance in Dying (MAID)

Medical Cannabis

Consensual Sexual Behaviour

High Alert/Risk Medications

Medical Equipment Cleaning

Hand Hygiene - Alcohol Based Hand Rub

We value your opinion. Request a copy of our new policies and please give us your feedback and input! [click here](#)

Continuing Competency for Nurses Policy Review

All new and revised policies will be available in the Boardroom on the Education Kiosk Computer Desktop in folder "Policies for Nurses Review & Sign off"

Note: Timely compliance will be reflected on a printout report each year

to retain as evidence for your Nursing License Continuing Education

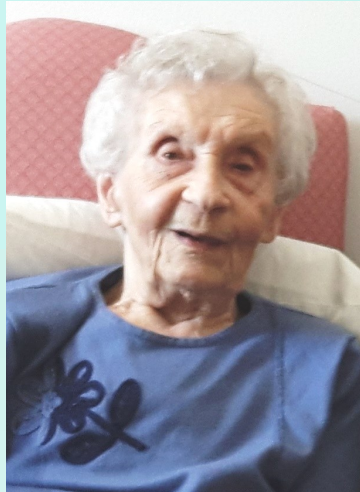
Competency Records

You can view and download the Strategic Plan 2018 & Beyond and 2018 Accreditation Report from our website or click below.



[Strategic Plan 2018 and Beyond](#)
[2018 Accreditation Report](#)

RESIDENT STORY OF THE MONTH



FRANCES

Frances was born in Winnipeg in 1926, a 2nd daughter for Nick and Victoria. Her sister Mildred and 4 younger brothers, Tom, George, Bill and Gordon, lived with their parents on a small mixed farm in St. Andrews Manitoba, in what is known as "The Bog". Her childhood was spent helping to run the farm; as it was for many rural kids of that era. Farm "chores" were always the priority, and big families made the work that much easier.

[Read more](#)

Do you want to share your family member's story in the Resident story of the Month? [Click here](#) to send your story.



Elizabeth S.	April 8
John M.	April 17
Phylis L.	April 23
Rose R.	April 24
Jean T.	April 28

RESIDENT AND FAMILY CORNER

UPCOMING EVENTS

South Beach Casino Outing

Tuesday, April 9th, 2019
9:30AM

Volunteer Tea

Friday, April 12th, 2019, 1:30PM
Dining Room

Resident & Family Advisory Meeting

Wednesday, April 17th, 2019,
1:30PM
Recreation Room

South Beach Casino Outing

Tuesday, April 23rd, 2019
9:30AM

Memorial Service

Wednesday, April 24th, 2019,
2:00PM
Recreation Room

Birthday Party

Friday, April 25th, 2019, 1:30PM
Recreation Room

[Click here to download April Activity Calendar](#)

RESIDENT AND FAMILY EDUCATION SESSION

Presenter: Joyce Klassen

Alzheimer's Society of Manitoba

Topic: Communication and
Dementia

Date: Thursday, April 4th, 2019

Time: 6-7PM

Place: Recreation Room

Target Audience: Residents &
Family

*Staff are welcome to attend

Presenter: Daisy Remulla

Senior Nursing Student, BSCPN Program

Topic: Increasing Hand Hygiene
Compliance with Tudor House
Residents

Date: Wednesday, April 17th,
2019

Time: 2:00 - 2:30PM

Place: Recreation Room

Target Audience: Residents &
Family

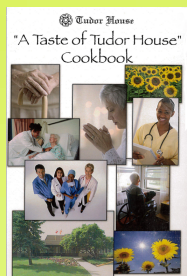

To all our Volunteers,

Thank you so much for all your hard work and help. You are always willing to be there for us whenever we need you. Great job! We appreciate your time and effort in assisting our residents. Thank you!

From Tudor House Residents, Families and Staff.

TASTE OF TUDOR HOUSE

You might want to try this recipe this Easter. Click the image to enlarge



SOUR CREAM MEAT LOAF

Sharon Skwarek
Jean Widish

2 lb lean ground beef
1/2 medium onion, diced
3/4 cup sour cream
1/4 cup ketchup
2 to 3 slices bread, crumbled
Salt and pepper, to taste
1 egg, beaten
Sour Cream Meat Loaf Sauce:
1/2 cup ketchup
1/8 cup brown sugar
1 tsp mustard

Mix all above ingredients. Bake at 350° in greased loaf pan for 1 or 1 1/2 hours until done. About halfway through cooking, baste with Sour Cream Meat Loaf Sauce. Enjoy!

Sour Cream Meat Loaf Sauce: Mix ingredients together for meat loaf sauce.

Please consider sharing your family favorite recipe by clicking [here](#).



STAFF EDUCATION

Dental Care for Seniors

Canadians of all ages can enjoy good oral health and benefit from regular professional dental care. Provided you look after them, your teeth and gums will look good and stay healthy for life.

You are never too old to have healthy teeth and gums. And you are never old enough to stop seeing your dentist! Your



dentist wants to make sure you maintain healthy teeth and gums for your whole life.

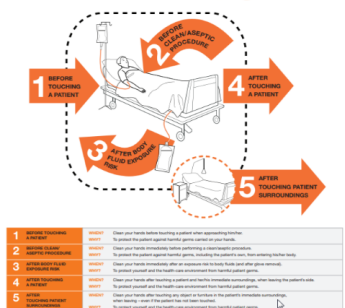
ORAL HEALTH TIPS

5 Steps to a Healthy Mouth

Tips for Caregiver



Your 5 Moments for Hand Hygiene

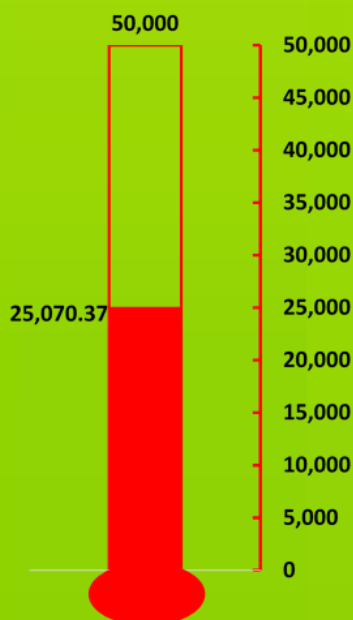


SAVE LIVES
Clean Your Hands

How to Hand wash and
Hand rub

TUDOR HOUSE RESIDENT DONATION FUND 2019-2020 FUNDRAISER

OUR GOAL



Help us build
an **“Alzheimer Courtyard”**
for our Residents!

We welcome any donations from families
or the community.



All donations made go directly benefiting
our Residents by help for Special Projects
and to purchase additional equipment that
improve their quality of life as well as
promoting positive workplace wellness
and safety for everyone!

Thank You for your generosity!**Helpful links**

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Our mailing address is:
Tudor House Personal Care Home
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Selkirk, MB
R1A 2C9

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