



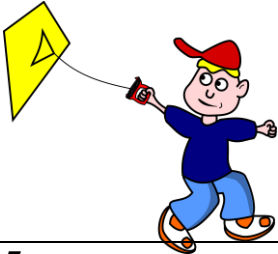










Poplar/Oak Event Calendar

August 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1:00 Mind Games	2 	3 9:30 Exercise 10:00 Dancing around the world 1:30 	4 10:00 Church 10:30 Coffee & Fellowship 1:30 Lawn Darts	5 9:30 Exercise 10:00 Riddles 	6 9:30 Exercise 10:00 Local News 1:30 Washer Toss	7 
8 	9 9:30 Exercise 10:00 Funny Videos 1:30 Weird in Manitoba	10 9:30 Exercise 10:00 Jokes 1:30 	11 10:00 Church 10:30 Coffee & Chats 1:30 Resident & Family Council Meeting	12 9:30 Exercise 10:00 Games (Darts) 	13 9:30 Exercise 10:00 Games (Darts) 1:30	14 1:00 Trivia
15 1:00 Mind Games	16 9:30 Exercise 10:00 Funny Kid Videos 1:30 Hand Massages	17 9:30 Exercise 10:00 Word in a Word 1:30 	18 10:00 Church 10:30 Coffee & Chats 1:30 Manitoba Stories	19 9:30 Exercise 10:00 Healing Herbs 	20 9:30 Exercise 10:00 Local News 1:30 Manitoba History	21 
22 	23 9:30 Exercise 10:00 Courtyard 1:30 Home Remedies	24 9:30 Exercise 10:00 A-Z Games 1:30 	25 10:00 Church 10:30 Coffee & Chats 1:30 Craft	26 9:30 Exercise 10:00 Health + Wellness 	27 9:30 Exercise 10:00 Differences now + Then 1:30 Sign Language	28 1:00 Mind Games
29 1:00 Trivia	30 9:30 Exercise 10:00 Darts 1:30 Hangman	31 9:30 Exercise 10:00 Musical Instruments 1:30 