



Poplar/Oak Event Calendar

July 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1			1 	2 9:30 Yoga 10:00 Games – Hangman 1:30 Hand Massages	3 1:00 Canadian Trivia
4 1:00 Mind Games	5 9:30 Exercise 10:00 All About Me 1:30 Gardening	6 9:30 Exercise 10:00 Sign Language 1:30 Jokes Riddles	7 10:00 Church 10:30 Coffee & Fellowship 1:30 Games	8 9:30 Exercise 10:00 Local News 1:30 Funny animal videos	9 9:30 Exercise 10:00 Walks outside 1:30 A-Z Quiz MB Towns	10 1:00 Craft
11 	12 9:30 Exercise 10:00 Walks Outside 1:30 Games	13 9:30 Exercise 10:00 Walks outside 1:30 Funny kid/baby Videos	14 10:00 Church 10:30 Coffee & Fellowship 1:30 Discussion Group Places you have Travelled to?	15 9:30 Exercise 10:00 Different types of Dance videos 1:30 Craft	16 9:30 Exercise 10:00 Who am I? 1:30 Learn to speak. French	17 1:00 Shopping List
18 1:00 What's in the News?	19 9:30 Exercise 10:00 Gardening 1:30 Scavenger Hunt	20 9:30 Exercise 10:00 Walks Outside 1:30 Hand Massage	21 10:00 Church 10:30 Coffee & Fellowship 1:30 Music Time	22 9:30 Exercise 10:00 Local News 1:30 Funny cat and dog Videos	23 9:30 Exercise 10:00 Walks outside 1:30 Games	24 1:00 Puzzles
25 1:00 Craft	26 9:30 Exercise 10:00 Walks Outside 1:30 Games	27 9:30 Exercise 10:00 Current Events 1:30 Mind Benders	28 10:00 Church 10:30 Coffee & Fellowship 1:30 Resident & Family Council Meeting	29 9:30 Exercise 10:00 Sign Language 1:30 Discussion Group	30 9:30 Exercise 10:00 Jokes + Riddles 1:30 Craft	31 1:00 What's in the News?